

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Crous**

Has successfully participated & completed the  
**40km Ezemvelo MTB Challenge 2017**

held at Cowhouse Market.

**TIME 02:42:23**

**PACE 14.78km/h**  
**OVERALL 215 of 262**

**GENDER 41 of 62**  
**JUNIOR 3 of 3**

01 April 2017, Sat

Date



*BoutTime*

Signature

